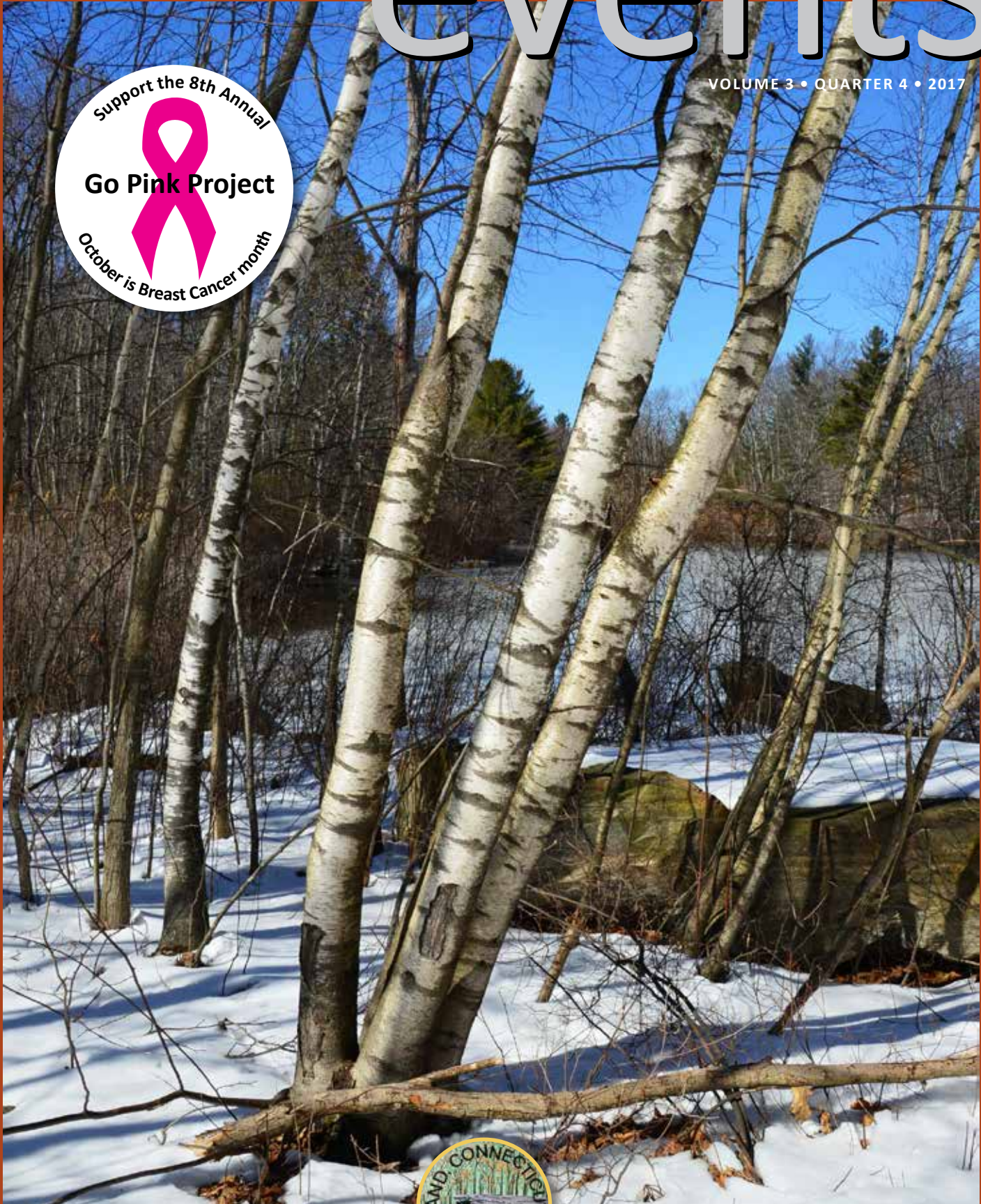


# Tolland **events**

VOLUME 3 • QUARTER 4 • 2017



DELIVERING TOWN NEWS



TO EVERYONE IN TOWN



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OCCUPATIONAL MEDICINE



SHORT WAIT TIMES



MOST INSURANCE PLANS ACCEPTED

# From the Town Manager's Office

## Budget Referendum Postponed

The September 19th Budget Referendum has been postponed until October 30, 2017. It will be held from 6:00 am - 8:00 pm in the Library Program Room. You may check the Town's

website at <https://www.tolland.org/finance-department/pages/2017-2018-budget-information> for more details. Please come out to vote.

## FREE Residential Electronics Recycling Collection

The Town of Tolland in cooperation with Take 2, Inc. will be hosting a FREE Residential Electronics Recycling Collection event at Tolland High School located at 1 Eagle Hill. Residents are encouraged to bring their unwanted electronics to the drive up/drive through electronics collection event on Saturday, October 28, 2017 between 8 am and 12 noon.

Take 2 Inc. will be on site to unload vehicles and safely package and transport all equipment to their Waterbury facility to be responsibly and securely recycled. Take 2 employees will also assist vehicles in the lot.

Accepted materials include, but are not limited to: Computers, laptops, printers, fax machines, monitors, TVs, cell

phones, tablets, video games, game consoles, VCR/DVD machines, remotes, keyboards, small appliances, light bulbs and batteries. Unaccepted materials include: smoke detectors, propane tanks, ballasts, paint, household hazardous waste and appliances containing freon, i.e. air conditioners, refrigerators, dehumidifiers.

Visit our website at:  
[www.tolland.org](http://www.tolland.org)

We hope you will find our website to be a useful tool to find updated information and explore our wonderful community.

# Sports Medicine For All Athletes



From Youth to Adult • From Athletes to Weekend Warriors

## Sports Medicine & Orthopedic Surgery, P.C.

### ■ OUR PHYSICIANS



#### DANIEL M. VELTRI, M.D.

Board Certified in Orthopedics with Subspecialty Certificate in Orthopedic Sports Medicine

- Assistant Team Physician - New York Giants, 1992-93
- Active Triathlete, Ironman Competitor
- Football Team Physician - South Windsor, Tolland, Coventry, E.O. Smith, East Catholic, Manchester and East Hartford High Schools



#### LANCELOT MORGAN, PA-C

Board Certified in Orthopedics

Physician Assistant who conducts medical exams, diagnoses and treats illnesses, orders and interprets tests and assists in surgery

### ■ OUR SERVICES

- Injury Evaluation, Treatment and Prevention Plans
- Arthroscopic Surgery, Fracture Care/Surgery
- Joint Care for Injuries, Inflammation and Arthritis
- Sports Medicine for All Activities
- Shoulder & Knee Ligament Surgery

WHAT OUR PATIENTS SAY...

"Dr. Veltri performed an ACL replacement on my knee. He and his staff are very friendly and courteous. Their professionalism, along with multiple successful referrals helped put my mind at ease throughout the preparation and recovery periods. I am looking forward to playing soccer again!" - John T., Ellington

"Dr. Veltri repaired the bicep tendon and rotator cuff in my left shoulder, and after a few weeks I could lift my arm better than before my injury. The Surgical Center also took great care of me." - John W., Tolland

"Lance knew exactly what to do for the compression fracture in my back and I was able to get back to basketball a lot sooner than I ever expected" - Erin H., Ellington

ACCEPTING PATIENTS AT BOTH LOCATIONS

360 Tolland Turnpike, Suite 3C, Manchester, CT

Star Hill Family Athletic Center, 100 Gerber Drive, Suite 2A, Tolland, CT

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# events

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# Tolland Recreation Department

## CONTACT INFORMATION

104 Old Post Road  
Office: 860-871-3610  
Fax: 860-870-6876  
Info-line: 860-871-3625

## OFFICE HOURS

Monday–Wednesday: 8:00 am–4:30 pm  
Thursday: 8:00 am–7:30 pm  
Friday: CLOSED

## MAILING ADDRESS

21 Tolland Green  
Tolland, CT 06084

## REGISTRATION WEBSITE

www.tollandrec.com  
Email: tollandrec@tolland.org

## RECREATION STAFF

Director: Bruce Watt  
bwatt@tolland.org  
Administrative Assistant: Kim Grimes  
kgrimes@tolland.org

## RECREATION BOARD

Jeff Maron, Chairman  
Larry Gramling  
Ray Milvae  
David Boland  
Anthony Ciccone  
Nicholas Hany  
David Clokey

The Board meets every second Monday of the month. All meetings are open to the public.

### Registration Begins On:

MONDAY, OCTOBER 16, 2017

Please visit our registration site at  
[www.tollandrec.com](http://www.tollandrec.com)

## Recreation News

### THANK YOU

The Tolland Recreation Department would like to thank our sponsors for the Tolland C.A.R.E.S. Program. The scholarship program was created to help children in need

to get more active in recreational activities. The benefits of recreation include: exercise which provides the opportunity to combat obesity and entertainment which provides social opportunities, and much more. This scholarship is for Tolland residents only and is an ongoing program.

- Lion's Club of Tolland
- Frederick Daniels DDS and Jaclyn Cattanach DMD
- Fenton River Veterinary Hospital
- Morrison and Johnson Inc.
- Cathy and Larry Gramling

## Tolland Recreation Department

### ACTIVITY AND PROGRAM

### PICTURES

Throughout the year Andre Garant has taken pictures of our activities and programs. If you would like to see them please go to [www.flickr.com/photos/63906149@N02/](http://www.flickr.com/photos/63906149@N02/) Andre Garant-Photography on Demand  
**continued on page 4**

### Our Services:

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Preventive Care  
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Treatment  
Dental Care  
Surgery  
Orthopedic Care  
Ultrasounds  
X-Rays



Our mission is to always take care of our patients as if they were our own pets. Friendly and professional, our staff are very knowledgeable and we are happy to answer any questions you may have about your pet's overall wellness, including behavior, diet, & exercise concerns. Our experienced doctors are dedicated to the health of your pet.

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**Tolland Veterinary Hospital • 70 Hartford Turnpike • Tolland, CT 06084**

Phone: 860.875.5748 • Fax: 860.875.1494 • Hours: Monday – Friday: 9am – 6pm, Saturday: 9am – 1pm

## Recreation... continued from page 3

### General Information

#### INSURANCE

All persons participating in recreation programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department sponsored programs do so at their own risk.

#### ADA

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

#### PARTICIPATION

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

#### AGE REQUIREMENT

To participate, children must meet minimum age before the class starts.

#### INCLEMENT WEATHER

Program cancellations due to inclement weather are broadcast on Channel 3's Early Warning Announcements and are announced via email blasts through the recreation department's registration system.

#### SCHOLARSHIP PROGRAMS

It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

### Registration Information

#### MAIL-IN

Registrations are accepted on a first come/first serve basis. Mail your completed form with separate checks for each program to:

#### Tolland Recreation Department

21 Tolland Green  
Tolland, CT 06084

Consider yourself registered if you do not hear from us. Include your email address or a self-addressed, stamped envelope with registration if you would like a copy of your receipt.

#### ONLINE

Recreation Dept. Registration Website: [www.tollandrec.com](http://www.tollandrec.com)  
Town Website: [www.tolland.org](http://www.tolland.org)  
Participants registering online will be confirmed online. Not

all classes can be registered for online; however you may view all classes.

#### INFORMATION

Be sure to complete all information when registering.

#### CLASSES

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

#### PAYMENT

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

#### REFUNDS

Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$10.00 processing fee. Programs less than \$15.00 receive an account credit.

#### TRIP CANCELLATION

You will be refunded only if the spot can be filled. Requests for refunds must be in writing and are subject to a \$10.00 processing fee.

#### PROGRAM LOCATIONS

Crandall Park	64 Cider Mill Rd, Tolland, CT
Cross Farms Recreation Complex Tolland Recreation Center	167 Rhodes Road 104 Old Post Rd, Tolland, CT
Tolland Tennis Courts	Old Cathole Rd, Tolland, CT
Birch Grove School	247 Rhodes Rd, Tolland, CT
Tolland Intermediate School (TIS)	96 Old Post Rd, Tolland, CT
Tolland Middle School (TMS)	1 Falcon Way, Tolland, CT
Tolland High School (THS)	1 Eagle Hill Rd, Tolland, CT
Skungamung River Golf Course	114 Folly Ln, Coventry, CT (end of Goose La)
Youth Garden,	Cider Mill Rd, Tolland, CT (by Lions Field)

#### PARK FACILITIES

All parks are open sunrise to sunset. Dogs are required to be on a leash. Dogs are NOT allowed on athletic fields!!

#### CRANDALL PARK

64 Cider Mill Road- 350+ acre Town Park containing 3 tennis courts/ 3 pickle ball courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

#### PAVILION

Is an open air shelter with picnic table seating for groups of

up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. Rental by reservation only through the Recreation Office. Call the Recreation office at 860-871-3610 for fee schedule and available dates.

**“THE LODGE”**

The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, businesses, daytime, nighttime and weekends. Building contains fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation office at 860-871-3610.

**RIVER PARK**

South River Road - 2 Little League size baseball fields, River access.

**HERON COVE PARK**

125 South River Road - Small soccer field, multipurpose field, basketball court & canoe launch.

continued on page 6



**FENTON RIVER  
VETERINARY  
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**We are committed  
to providing your animals with  
the highest quality care possible.**

**Small Animal Care  
Large Animal & Equine  
Farm Calls**



Meet Jonathan XIII (right) and Jonathan XiV (left). Fenton River Hospital is proud to be working with these two handsome boys! Be sure to keep up with these two guys on their Facebook and Instagram pages.

#UConnHuskies #UConnAlumni #HuskiesForever  
#fentonriverveterinaryhospital #uconnanimalscience

Scott D. Morey, DVM, MS  
Heidi L. Morey, DVM, MS  
Weston H Brown, DVM  
Kathryn R Garner, BVM&S

**860.870.8701**  
9F Fieldstone Commons  
(Big Y Plaza)  
Tolland CT

**FentonRiverVet.com**  
fentonrivervet@gmail.com  
Check us out  
on facebook! 

The 8th annual **goPINK** project  
because giving back is in!

**Support Breast Cancer  
Patients: goPINK**

Throughout the month of October, goPINK raises money to help provide breast cancer patients at the Middlesex Hospital Cancer Center with free integrative medicine services. These treatments can help alleviate fatigue, pain, neuropathy and nausea.

To participate, buy a goPINK T-shirt or get a pink hair extension at a participating salon. You can also visit a restaurant or attend an event that supports goPINK.

For more details, visit [middlesexhospital.org/gopink](http://middlesexhospital.org/gopink) or call 860-358-6200.

The goPINK initiative is sponsored by AAA and Radiologic Associates of Middletown.



## Recreation... continued from page 5

### TENNIS COURTS

Old Cathole Road - Six all weather tennis courts across from Tolland Middle School.

### CROSS FARMS RECREATION COMPLEX

167 Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand, and Adam's Adventure - an all-inclusive play structure.

### ALL WEATHER TURF FIELD

A beautiful lighted synthetic turf field at Tolland High School. The field with permanent lines for football, soccer and lacrosse is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site [www.tolland.org/recreation](http://www.tolland.org/recreation)

The Town of Tolland is an Equal Opportunity Employer  
[www.tolland.org](http://www.tolland.org)

### TOLLAND YOUTH SPORTS LEAGUES & GROUPS

Tolland Boys Travel Basketball - [www.tollandbasketballclub.com](http://www.tollandbasketballclub.com)

Tolland Girls Travel Basketball - [jeffmartens72@gmail.com](mailto:jeffmartens72@gmail.com)

Tolland Lacrosse - [www.tollandlacrosse.org](http://www.tollandlacrosse.org)

Tolland Little League - [www.tollandlittleleague.org](http://www.tollandlittleleague.org)

Tolland Soccer Club - [www.tollandsoccer.com](http://www.tollandsoccer.com)

Tolland Youth Football & Cheerleading - [www.tollandeaglesyouthfootball.com](http://www.tollandeaglesyouthfootball.com)

Tolland Garden Paths Youth Garden - [www.tgpyouthgarden@comcast.net](http://www.tgpyouthgarden@comcast.net)

### PUBLIC SERVICE AGENCIES

Tolland Library 860-871-3620

Tolland Human & Youth Services 860-871-3648

Tolland Senior Center 860-870-3730

### Rentals

#### TOLLAND RECREATION CENTER - Room Rentals

Rent a room for parties, events or weekend meetings. Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Rooms are available for meetings on a limited basis to non-profit groups at no cost. Call the Recreation Office at 860-871-3610 to get rates and check on availability.

#### THE LODGE AT CRANDALL PARK II

A year-round rental facility overlooking Powell Pond; 124 Cider  
**continued on page 8**

## Events Presents ~ Sports Medicine For All Athletes

Dr. Daniel Veltri is board certified in orthopedics and sports medicine. Dr. Veltri graduated magna cum laude from Washington University and received his medical degree from the University of Connecticut School of Medicine. He completed his Surgical Residency at Hartford Hospital and his Orthopedic Residency at the University of Connecticut Department of Orthopedic Surgery. Dr. Veltri completed a Sports Medicine and Shoulder Fellowship emphasizing arthroscopic shoulder repairs at the Hospital for Special Surgery in New York.

He is a member of the American Medical Association, the Arthroscopy Association of North America, the American Orthopedic Society for Sports Medicine, the Connecticut State Medical Society and the Sports Medicine Committee of Connecticut. Dr. Veltri is also a Fellow of the American Academy of Orthopedic Surgeons. He has authored numerous publications in peer-reviewed sports medicine journals and has also presented many research papers at national orthopedic conferences. His areas of research interest are arthroscopic knee ligament repair, arthroscopic rotator cuff repair and shoulder reconstruction.

Dr. Veltri has completed a fellowship in sports medicine and is an experienced athletic team physician consultant. He has served a rotation for the New York Giants football team as assistant team physician, attending to world class athletes both on and off the field. Today, Dr. Veltri provides athletic game coverage, and is the Team Physician to 10 local area high schools.

Sports Medicine & Orthopedic is a main sponsor of the annual Manchester Road Race and also sponsors the Athletes Pre-race Pasta dinner. Dr. Veltri was captain of his varsity wrestling team at Washington University and remains an avid athlete. In his free time, he is an active triathlete who participates in races from sprint to Ironman distances. He also enjoys running road races and cross country skiing.



He is specialized in orthopedic sports medicine for patients of all ages and skill levels and provides customized preventative programs, injury rehabilitation, arthroscopy and reconstructive surgery. His sports medicine specialty training guides his treatment of every patient regardless of age, activity level, or mechanism of injury. Dr. Veltri's goal is to help his patients return to optimum recovery and maximum performance.



**360 Tolland Turnpike, Suite 3C,  
Manchester, CT**

**Star Hill Family Athletic Center,  
100 Gerber Drive, Suite 2A, Tolland, CT  
[www.sportsmedct.com](http://www.sportsmedct.com) / 860-649-0063**



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## Recreation... continued from page 6

Mill Road, Tolland, CT 06084. Available to residents, non-residents, businesses, etc. in groups of 100 or less for special events such as weddings, showers, picnics, parties, or meetings. The building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at 860-871-3610 for more information, rental fees and available dates.

### Amenities:

- Kitchen with warming oven, microwave, double door refrigerator (no freezer)
- Two sided field stone fireplace
- Cedar planking on interior walls
- Tables & chairs to accommodate groups of up to 100
- Clean bathrooms
- Sound system with CD player, iPod connection
- Horseshoe pits
- Easy access to hiking trails and fishing pond

## Preschool Programs

### TOLLAND TYKES PRESCHOOL

For 3 & 4 Year Olds

Classes begin September 2018

**Our 3 year old class** meets on Tuesdays and Thursdays from 9:00 am to 11:30 am, September through May (32 weeks). The tuition for this program is \$1025.00 payable in \*two (2) installments (August & January). Children must be 3 years old on or before December 31st

**4 year old class** meets on Mondays, Wednesdays & Fridays from 9:00 am to 12:00 pm, September through May (32 weeks). The tuition for this program is \$1,580.00, payable in \*two (2) installments (August & January). Children must be 4 years old on or before December 31st. We will be holding an open enrollment on a first come, first served basis. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee. Registration forms can be found on our department's website at [www.tolland.org](http://www.tolland.org) or [www.tollandrec.com](http://www.tollandrec.com). For more information or if you have any questions please check out our website at [www.tollandrec.com](http://www.tollandrec.com) or feel free to contact the Recreation Office at 860-871-3610.

### TOLLAND TYKES PRESCHOOL OPEN HOUSE

Tolland Tykes will be hosting an Open House on Wednesday,

January 17, 2018 (snow date Wednesday, January 24, 2018) from 6:00 to 7:30 pm at the Tolland Recreation Center, 104 Old Post Road, Tolland, CT. Come meet the teachers and see what we are all about!

Day: Wednesdays  
Date: January 17, 2018  
Time: 6:00 - 7:30 pm  
Ages: 3 & 4  
Location: Tolland Recreation Center



### FIT TOTS

The focus of this program is to get children involved in physical activity at an early age. This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing, and other skills. Boys and girls will participate in exercise, dancing and fun games.

Instructor: Patricia Stauder (Ms. Pat)  
Day: Wednesdays  
Date: January 17 - February 7, 2018  
Time: 5:30 - 6:15 pm  
Ages: 3 - 5  
Fee: Res. \$50.00 / Non-Res \$55.00 per session 4 weeks  
Location: Tolland Recreation Center

### MUSIC AND MOVEMENTS FOR TOTS

A wonderful group experience! Come sing, dance, play and move to the beat. This stimulating program will introduce children to a variety of music and instruments. Instructor Jill Maznicki will lead the class in finger plays, songs, bounces, and developmentally appropriate group activities. Parent participation is required.

Instructor: Jill Maznicki  
Day: Fridays  
Date: Session 1: January 5 - February 23, 2018  
Session 2: April 6 - June 1, 2018 (No class 4/20)  
Time: 9:30 - 10:15 am  
Ages: 1 - 3  
Fee: Res \$65.00 / Non-Res \$70.00 8 weeks  
Location: Tolland Recreation Center

## Youth Programs

### TOLLAND RECREATION AFTER SCHOOL PROGRAM

Open to boys and girls in grades 3rd - 8th. We are happy to be

able to offer this program as an alternative to your child going home alone. Our program runs out of the Recreation Center and participants will be met at the Tolland Intermediate School and walked up to our building. You have the option of signing up for 3, 4 or 5 days a week. Program participants will have the opportunity to work on homework, enjoy some quiet time, have a snack and then expend energy participating in games and sports either in the gym or outside.

Instructor: Tolland Recreation Staff  
 Day: Monday - Friday  
 Date: August 30, 2017-June 08, 2018(Last Day)  
 Time: 2:30 pm - 6:00 pm  
 Ages: Grades 3rd-5th and Grades 6th-8th  
 Payment Rates are per month:  
 due on or BEFORE the 15th of each month  
 3 days a week-\$160.00 per month  
 4 days a week-\$200.00 per month  
 5 days a week-\$240.00 per month  
 Location: Tolland Recreation Center

### MUSICAL THEATRE CLASS

The Musical Theatre Program provides students with a full life cycle experience in musical theatre. This class is a comprehensive musical theatre training program that will teach students the finer points of acting, singing and dancing through the rehearsal process. The students will work together to learn parts of a show and have a final performance during the final class. This class promotes team work, confidence, creativity and fun, along with the opportunity to make new friends.

\*Please take note that students must be available on BOTH days to sign up for this class.\*

Instructor: Marisa Paradis  
 Day: Tuesdays AND Thursdays  
 Date: Nov 28 - Jan 25, 2018 (No class 12/26, 12/28)  
 Time: 5:15-6:15 pm  
 Ages: 7-12  
 Fee: Res \$80.00 / Non-Res \$85.00 (16 classes)  
 Location: Tolland Recreation Department

### HIP HOP DANCE

Hip Hop dance is a class that incorporates high energy moves with the latest music. This type of dance helps develop rhythm, coordination and musicality in an age appropriate manner. Dress Code: students should wear loose fitting clothes that they feel comfortable moving in. Shoes: clean sneakers not worn outside.

Instructor: Marisa Paradis  
 Day: Wednesdays  
 Date: Nov 29 - Jan 24, 2018 (no class 12/27)  
 Time: 5:45-6:30 pm  
 Ages: 7-9  
 Fee: Res \$50.00 / Non-Res \$55.00 8 weeks  
 Location: Tolland Recreation Department

continued on page 10



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## Recreation... continued from page 9

### BABYSITTER SAFETY - 101

This course is for youths (ages 10 to 15 years of age) with the most common age being 12. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Booklet, handouts and Babysitter Safety Certificate of completion included. Bring a snack.

Instructor: LifeSafe Services Staff  
Day: Saturday  
Date: February 17, 2018  
Time: 9:00 am - 1:00 pm  
Ages: 10 and up  
Fee: Res. \$55.00 / Non-Res \$60.00  
Location: Tolland Recreation Center

### BABYSITTER SAFETY COURSE 102

This course is for youths 13 to 16+ years of age with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario-based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing barrier device. Prerequisite: Babysitter Safety 101 within the last 365 days

Instructor: LifeSafe Services Staff  
Day: Saturday  
Date: February 24, 2018  
Time: 9:00 am-Noon  
Ages: 13 and up  
Fee: Res \$55.00 / Non-Res \$60.00  
Location: Tolland Recreation Center

## Youth Sports

### RECREATION YOUTH BASKETBALL PROGRAM

#### For boys & girls in Grades 3 thru 12

A fun program designed to help improve individual skills and learn the fundamentals of basketball. Separate program for boys and girls.

**Boys League:** Grades 3rd& 4th, 5th& 6th, 7th& 8th and 9th - 12th  
**Girls League:** Grades 3rd - 5th and Grades 6th - 9th

All practices and games take place on Saturdays, starting December 9th through March. Times will vary based on number of teams in each age category. Please DO NOT wait to register; Space is limited Register online, by mail, fax or in person.  
REGISTER AT: WWW.TOLLANDREC.COM



Registration Fee: \$80.00 until November 2, 2017  
\$90.00 November 3 - 26, 2017

We will not accept registrations after November 26, 2017  
Volunteer coaches are needed for all age groups - Coaches training provided. Call the recreation office at 860-871-3610.

Day: Saturdays  
Date: December 9 - March 3, 2018  
Time: TBA  
Ages: Grades 3-12 (Space is LIMITED)  
Fee: \$90.00 per session  
Location: TBA

### SKYHAWKS - Basketball

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progression curriculum and focusing on the whole player, we teach your child the skills needed both on and off the court to be a better athlete. Our basketball staff will focus on respect, teamwork, and responsibility, starting each day with a "skill of the day" and progressing into drills and games. The result is an unforgettable experience for your young athlete. After a session of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

Instructor: Skyhawks Staff  
Day: Saturday  
Date: January 20-February 17, 2018  
Time: 10:00 - 11:00am (Ages 5 & 6)  
11:15 - 12:15pm (Ages 6 & 7)  
Fee: Res \$90.00 / Non-Res \$95.00 5 weeks  
Location: Tolland Recreation Center

### JUKIDO - (ages 6-8)

Based on the ancient art of Jujitsu, Jukido helps build focus, determination, confidence and sportsmanship. The emphasis is on safety and doing ones best while learning the basic principles and self-defense techniques.

Instructor: Todd Sise is a 4th degree black belt certified with the International Kokondo Association.  
Day: Tuesdays

Date: January 2-March 6, 2018  
 Time: 6:00 - 7:00 pm  
 Ages: 6-8  
 Fee: Res. \$46.00 / Non-Res \$51.00  
 per session 10 weeks  
 Location: Tolland Recreation Center

Day: THURSDAYS  
 Date: January 4-March 8, 2018  
 Time: 6:00-7:00 pm  
 Ages: 9-13  
 Fee: Res. \$46.00 / Non-Res \$51.00  
 per session 10 weeks  
 Location: Tolland Recreation Center



**JUKIDO - (ages 9-13)**  
 Based on the ancient art of Jujitsu, Jukido helps build focus, determination, confidence and sportsmanship. The emphasis is on safety and doing ones best while learning the basic principles and self-defense techniques.

Instructor: Todd Sise is a 4th degree black belt certified with the International Kokondo Association.  
 Day: TUESDAYS  
 Date: January 2-March 6, 2018  
 Time: 7:00-8:00 pm  
 Ages: 9-13  
 Fee: Res. \$46.00 / Non-Res \$51.00  
 per session 10 weeks  
 Location: Tolland Recreation Center



**DODGEBALL AFTER SCHOOL**

A chance for some after school fun playing the popular game of dodgeball. The players will use super soft foam balls and safety is continued on page 12



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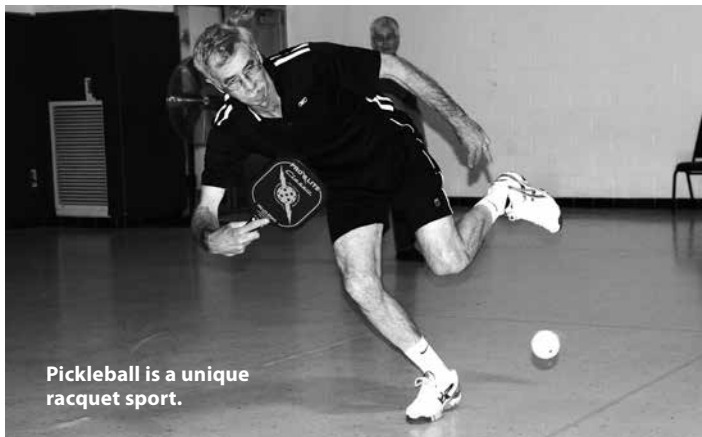
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## Recreation... continued from page 10

stressed. Each week different styles of dodgeball are learned. The emphasis will be on teamwork and sportsmanship. Participants will be met at school and walked up to the Recreation Center.

Instructor: Rich Lavigne  
 Day: Wednesdays  
 Date: January 10-February 7, 2018  
 Time: 3:30-5:00 pm  
 Ages: Grades 3rd-5th  
 Fee: Res \$35.00 / Non-Res \$40.00  
 per session 5 weeks  
 Location: Tolland Recreation Center



## Adult Sports

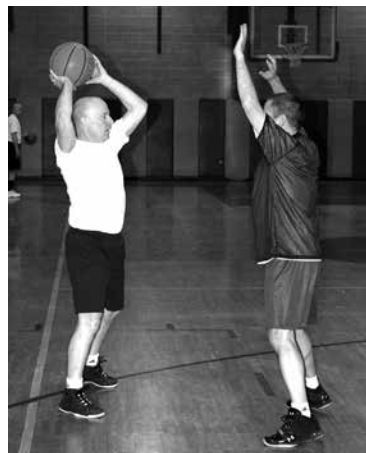
### PICKLEBALL

Are you looking to meet new people, workout, or just have fun? Then pickleball is for you! Come join us for some fun playing one of the fastest growing sports in America. Pickleball is a racquet sport which combines badminton; tennis and ping pong all in one and is easy to learn.

Instructor: Ken and Liz Brown  
 Day: TUESDAYS  
 Date: December 5-March 13, 2018 (no class 12/26)  
 Time: 4:30-5:45 pm  
 Ages: 45 and up  
 Fee: Res \$56.00 / Non-Res \$61.00 14 weeks  
 Location: Tolland Recreation Department

Day: THURSDAYS  
 Date: December 14 - March 8, 2018 (no class 12/28)  
 Time: 3:45-5:00 pm  
 Ages: 45 and up  
 Fee: Res \$48.00 / Non-Res \$53.00 12 weeks  
 Location: Tolland Recreation Department

Day: THURSDAYS  
 Date: December 14 - March 8, 2018 (no class 12/28)  
 Time: 5:00-6:15 pm  
 Ages: 45 and up  
 Fee: Res \$48.00 / Non-Res \$53.00 12 weeks  
 Location: Tolland Recreation Department



### BASKETBALL- Pick up

The benefits of basketball include great aerobic exercise. It provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improves strength and flexibility. In other words it provides a complete workout and

allows you to meet new people while having fun! Pickup games using multiple courts. Register with the Recreation Department for a reduced rate or pay the drop in for \$5.00 an evening.

### TOLLAND RESIDENTS ONLY

Instructor: Phil Doucette  
 Day: MONDAYS  
 Date: December 11- March 12, 2018  
 (no class 12/25,1/1,1/15,2/19)  
 Time: 7:00-9:00 pm  
 Ages: 19 and up  
 Fee: \$44.00 per session 10 weeks or \$5.00  
 per walk-in  
 Location: Tolland Middle School

Day: WEDNESDAYS  
 Date: December 13-March 21, 2018 (no class 12/27)  
 Time: 6:30-8:30 pm  
 Ages: 19 and up  
 Fee: \$61.00 per session 14 weeks or \$5.00  
 per walk-in  
 Location: Tolland Middle School

### VOLLEYBALL (Coed)

If you are looking for a fun way to improve your health, volleyball could be the sport for you. Join us for coed pickup games, no experience necessary. Our experienced instructor will help you learn the game. If you have experience he will help you improve. A good opportunity to meet new people and make new friends. Sign up with the recreation department at the reduced rate or pay the drop in rate \$5.00 an evening.

Instructor: Sue Vang  
 Day: Mondays  
 Date: December 11-March 12, 2018  
 (no class 12/25,1/1,1/15,2/19)  
 Time: 7:00-9:00 pm  
 Ages: 16 and up  
 Fee: \$40.00 per session 10 weeks or \$5.00  
 per walk-in  
 Location: Tolland Intermediate School



### VOLLEYBALL (Power)

If you have some experience as a volleyball player this program is for you. Coed pick-up games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat. Sign up with the recreation department at the reduced rate or pay the drop in rate for \$5.00 an evening.

Instructor: Sue Vang  
Day: Tuesdays  
Date: December 12-March 20, 2018 (no class 12/26)  
Time: 7:15-9:15 pm  
Ages: 18 and up  
Fee: \$56.00 per session 14 weeks or \$5.00 per walk-in  
Location: Tolland Intermediate School

### JUKIDO ADULT

Jukido is a style of Japanese Jujitsu founded centuries ago. Jujitsu was used by Japan's elite warrior class, the samurai, in battle-field combat. Jukido emphasizes safety and doing one's best in a no-nonsense approach to self-defense.

Instructor: Todd Sise, International Kokondo Association & 4rd Degree Black Belt.  
Day: Tuesdays  
Date: January 2-March 6, 2018  
Time: 8:00-9:00 pm

Ages: 14 and up  
Fee: Res. \$46.00 / Non-Res \$51.00 per session 10 weeks  
Location: Tolland Recreation Center

### KOKONDO KARATE

Kokondo Karate, a Japanese style of Karate, uses principles indigenous to the far east and draws from the most effective and traditional techniques from Japan, Okinawa and China. The emphasis is a no-nonsense self-defense and perfection of technique.

Instructor: Todd Sise, International Kokondo Association & 4rd Degree Black Belt.  
Day: Tuesdays  
Date: January 2-March 6, 2018  
Time: 8:00-9:00 pm  
Ages: 14 and up  
Fee: Res. \$46.00 / Non-Res \$51.00 per session 10weeks  
Location: Tolland Recreation Center

### Adult Education

#### ED 2 GO - ONLINE COURSES

Take an online class...and learn on your own terms! Here at the Tolland Recreation Department we offer a wide range of ed2go **continued on page 14**



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## Recreation... continued from page 13

courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as \$95!! Ready to explore our catalog? Visit [www.ed2go.com/TollandRec](http://www.ed2go.com/TollandRec).

### KNITTING CLASS

Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. All students will need a skein of worsted weight yarn & needles, size 6, 7 or 8 to practice stitches & techniques.

Instructor: Lori D'Andrea  
Day: Tuesdays  
Date: January 16-March 6, 2018  
Time: 6:30-8:00 pm  
Ages: 16 and up  
Fee: Res \$45.00 / Non-Res \$50.00  
per session 8 weeks  
Location: Birch Grove School

### YOGA AM & PM

The aim of this class is to learn to develop strength and flexibility and reduce stress by performing a series of breathing exercises, warm-ups, simple yoga postures, and meditation techniques to stretch and strengthen the body and calm the mind. No prior experience necessary. Please bring a sticky mat if you have one and a blanket or towel. Register with the Recreation office or drop in for \$8.00 a class.

**Yoga Incentive Program:** If you get a friend to sign up, you will receive 2 FREE class vouchers which can be used at any Tolland Recreation Department Yoga class within 9 months.

Instructor: Amy Evans  
Day: TUESDAYS-AM  
Date: November 28 - February 6, 2018  
(no class 12/26)  
Time: 9:00-10:00 am  
Ages: 16 and up  
Fee: Res \$65.00 / Non-Res \$70.00  
per session 10 weeks or \$8.00 per walk-in  
Location: Tolland Recreation Department

Day: THURSDAYS-AM  
Date: November 30 - February 8, 2018  
(no class 12/28)  
Time: 9:00-10:00 am  
Ages: 16 and up  
Fee: Res \$65.00 / Non-Res \$70.00  
per session 10 weeks or \$8.00 per walk-in

Location: Tolland Recreation Department

Day: MONDAYS-PM  
Date: November 27 - February 5, 2018  
(no class 12/25, 1/1)  
Time: 6:00-7:00 pm  
Ages: 16 and up  
Fee: Res \$59.00 / Non-Res \$64.00  
per session 9 weeks or \$8.00 per walk-in  
Location: Tolland Recreation Department

Day: WEDNESDAYS-PM  
Date: November 29-February 7, 2018  
(no class 12/27)  
Time: 6:00-7:00 pm  
Ages: 16 and up  
Fee: Res \$65.00 / Non-Res \$69.00  
per session 10 weeks or \$8.00 per walk-in  
Location: Tolland Recreation Department



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Instructor: Marisa Paradis  
Day: MONDAYS  
Date: Session 1: November 6 - December 18, 2017  
Session 2: January 8-February 26, 2018  
Time: 7:00-8:00 pm  
Ages: 16 and up  
Fee: Session 1: Res \$35.00 / Non-Res \$40.00  
per session 7 weeks or \$8.00 per walk-in  
Session 2: Res \$40.00 / Non-Res \$45.00  
per session 8 weeks or \$8.00 per walk-in  
Location: Tolland Recreation Department

Day: WEDNESDAYS  
Date: Session 1: October 18-December 20, 2017  
(no class 10/25 and 11/22)  
Session 2: January 3-February 21, 2018  
Time: 7:00-8:00pm  
Ages: 16 and up  
Fee: Res \$40.00 / Non-Res \$45.00  
per session 8 weeks or \$8.00 per walk-in  
Location: Tolland Recreation Department

Day: THURSDAYS

Date: Session 1: October 19-December 21, 2017  
(no class 10/26 and 11/23)  
Session 2: January 4-February 22, 2018

Time: 6:30-7:30 pm

Ages: 16 and up

Fee: Res \$40.00 / Non-Res \$45.00  
per session 8 weeks or \$8.00 per walk-in

Location: Tolland Recreation Department

## Trips

For residents of Tolland, Ashford, Coventry, Ellington, Mansfield and Willington  
(Spaces must be reserved through your town of residence)

### RADIO CITY MUSIC HALL CHRISTMAS SPECTACULAR NYC

**Saturday, November 11th**

This trip is very popular; make your reservations early! Let this classic, amazing show be one of the highlights of your holiday season! You'll have some time before the 5 pm Rockettes show to roam NYC. This year's seats are in the Mezzanine Section 6 rows E F G H. The bus home will leave immediately after the show, so please plan to get some snacks for the ride.

Date: Saturday, November 11, 2017

Time: Bus leaves from the Tolland Commuter Parking Lot at exit 68 off I-84 at 9:00 am and will return approximately 10:00 pm

Fee: \$125.00 (includes bus transportation and ticket to the show).

Location: New York City

### A DAY ON YOUR OWN IN NEW YORK CITY

**Saturday, December 2nd**

Enjoy a day in the "Big Apple" with friends and family. Get a jump start on your holiday shopping, visit the museums, see a Broadway show or just enjoy the sights of the city. Bus drop-offs/pick-ups in New York City will be determined by the driver on the day of the trip.

Date: Saturday, December 2, 2017

Departs From: Tolland Commuter Lot, I-84 Exit 68  
(Near Dunkin Donuts)

Departure Time: 7:00 am

Return Time: Approx. 10:30 pm

Fee: \$68.00 Per Person  
(fee includes bus transportation only)

Location: New York City

## Recreation Happenings

TOLLAND RECREATION DEPARTMENT  
TRICK-OR-TREAT (FOR AGES 10 & UNDER)  
**Thursday, October 26th**

Location: Tolland Recreation Center

Time: 5:30 pm - 7:00 pm

A chance to show off your child's costume, see your friends and  
**continued on page 16**



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## Recreation... continued from page 15

trick or treat in a safe friendly environment. Visit the Recreation Department and find out more about us. Busiest time is between 5:30 and 6pm; come later when the lines are shorter. The event will be held at the Tolland Recreation Center (104 Old Post Road). Please bring a non-perishable food item to help support the Tolland Food Pantry. Sponsored by: The Tolland Recreation Department

### THE EAGLE FREEZE!

The Tolland Recreation Department and Tolland Fire Department is challenging everyone to the Eagle Freeze! Come and jump in the ICY WATERS OF CRANDALL PARK!! Participants are asked to raise a minimum of \$25 to participate in the event. Participants are encouraged to dress in costumes. All the profits from the event will benefit the Tolland Recreation Department.

### Awards will be handed out for the following categories:

- Most money raised by an individual
- Best individual costume

## Registrars of Voters

**CHANGES TO POLLING LOCATIONS EFFECTIVE IMMEDIATELY:**  
ALL REFERENDUMS WILL BE AT THE TOLLAND LIBRARY (PROGRAM ROOM)

ALL ELECTIONS (MUNICIPAL, GUBERNATORIAL, PRESIDENTIAL AND PRIMARIES) WILL CONTINUE TO BE HELD AT THE RECREATION CENTER AND SENIOR CENTER

The next budget referendum is scheduled for Monday, October 30th at the Tolland Library Program Room. Hours are 6:00 am to 8:00 pm.

The Municipal Election will take place on

Tuesday, November 7th. As we do for all elections, voting will take place at both polling places - the Tolland Recreation Center Gym at 104 Old Post Road (former Parker School) and the Tolland Senior Center (674 Tolland Stage Road). If you have moved within town, your Polling Place may have changed. Please notify the Registrars of Voters if you have moved so that your records can be updated.

To register to vote online or to make changes to your voter registration card (name, address, party etc.), please visit [www.voterregistration.ct.gov](http://www.voterregistration.ct.gov) and follow the prompts. You will need a valid Connecticut Driver's license or may use

the last four digits of your Social Security number.

Please visit our WEBSITE: [www.Tollandelections.org](http://www.Tollandelections.org) for answers to any questions you may have.

EDR (Election Day Registration) allows unregistered people who qualify, to register and vote on Election Day. This process will take place at Town Hall under the direction of the registrars. Absentee ballots and applications may be obtained in the Town Clerk's office in Town Hall. Polls will be open from 6:00 am until 8:00 pm on November 7th. If you have any further questions please call the Registrars of Voters at 871-3634.

### Event Information:

The Tolland Recreation Department will be holding its 2nd Annual Eagle Freeze Fundraiser to benefit the Tolland Recreation Department's lifesaving equipment replacement.

Date: February 24, 2018

Ages: 8 and older

Time: 1:00 pm (please check in NO LATER than 12:30 pm at the Concession Stand)

Location: Crandall's Park, 64 Cider Mill Road

Fee: Minimum of \$25.00 donation per person

### LETTERS TO SANTA

Santa's elves will be collecting letters left in the mail boxes at the Post Office, Birch Grove School, Tolland Intermediate School and Tolland Library beginning Monday, November 27th through Wednesday, December 13th, 2017. It is so hard for Santa to write back when a child doesn't include their FULL NAME & ADDRESS, so please be sure that children include them.



The town hall and public library are located on the Tolland Green at the intersection of Route 195 and Old Post Road.

# Tolland Public Library

## Adult Programs

### HOW TO PAY FOR COLLEGE

A Hartford financial advisor will discuss "How to Pay for College" on Tuesday, October 10 at 6:30 pm in the library's program room. The Tolland Public Library Foundation is hosting the talk by Craig Breitsprecher at 21 Tolland Green through the generous funding of its Phoebe Dimock King and Elizabeth King Eaton Endowment.

### DECORATIVE BREAD CORNUCOPIA

Back by popular demand, Chef Frank James, a Certified Executive Chef, will conduct a hands-on workshop following a demonstration of creating a decorative bread cornucopia. After showing the group how to construct a cornucopia, each participant will have the opportunity to make a personalized centerpiece which will need to be baked at home. This program will be held on Wednesday, October 25 at the Tolland Public Library in the Program Room from 6 until 7:45 pm.

### CHINESE CULTURE

"Reviving 5000 years of Chinese Civilization" covers the essence of the traditional Chinese philosophies: Confucianism, Taoism, and Buddhism. How those core concepts influence medicine, literature, music, and arts, how this rich tradition is being interrupted, and how the authentic culture is returning to the world stage through New York based Shen Yun Performing Arts will be discussed on Wednesday, November 8 at 6:30 pm in the library's program room.

### HOLIDAY STRESS REDUCTION THROUGH MEDITATION

The scientific community has recently been exploring the use of meditation as a healing modality. Join Clare Vidich long time meditator, on Wednesday, November 15 at 6:30 pm in the library's program room as she discusses the extraordinary effect of meditation. It can reduce stress-related responses, improve concentration, enhance clarity of thought and mental equilibrium. She will also present a simple, yet powerful meditation technique that can enrich one's life personally, professionally, spiritually and help with seasonal stress.

### ANNUITIES

Michael Alimo, (ChFEBC, Registered Investment Advisor) will present information on the pros and cons of annuities on Tuesday, November 28 at 6:30 pm in the library's program room. Answers will be provided to questions like

- What are the fees that are associated with these types of investments?
- How annuities can be used to increase savings, protect what you've saved, or generate a stream of income.
- What is the difference between a deferred and immediate annuity?
- How do immediate, fixed, variable or indexed annuities differ?
- What are the lengths of contracts and are they appropriate?

- How is my annuity treated for beneficiaries and estate purposes?
- How are taxes calculated in annuities?
- Are there any guarantees of my investment?
- What are the surrender charges and free withdrawals?

All Tolland Public Library adult programs are free and open to the public. To sign up or for more information, check our online Events Calendar on the library home page: [www.tolland.org/library](http://www.tolland.org/library) or call 860-871-3620.

## Children's Programs & Events

Fall Story times continue in October and run through December. Parents and caregivers may sign up for: Preschool Story time for ages 3 to 5, on Wednesdays at 10:15 - 11 am; Books and Babies for ages 6 to 23 months old, on Wednesdays at 11:15 - 11:45 am; and Toddler Storytime, for ages 2 to 3, on most Thursdays at 10:30 - 11:15 a.m. Sign up on the Library Events Calendar: [www.tolland.org/library](http://www.tolland.org/library) or call 860-871-3620.

**Library/FRC Playgroup:** the Library and the Tolland Family Resource Center offer a free story/play group for ages 2 to 5 on Tuesdays at 10:15 - 11:15 am. The group meets in the new Children's Program Room (101). For more information or to sign up, contact Mrs. B at the library (860-871-3620) or Laurel at the FRC 860-870-6750.

**Spooky Tales for ages 5 and up:** join Mrs. B for mildly spooky tales on Thursday, October 19th at 6:30 - 7 pm in the Children's Program Room. Come in costume or PJs if you like!

**Pumpkin Decorating for ages 3 and up** will be held on Saturday, October 21st, from 10:30 to 11:30 am in the Children's Program Room. We'll listen to a pumpkin tale, then decorate pumpkins - bring your own pumpkin.

**Halloween Trick-or-Treat Story times for ages 2 to 5:** Children are invited to come in costume for holiday stories and a trick-or-treat parade around the library on: Wednesday, October 25th, at 10:30 - 11:15 am; and on Thursday, October 26th, at 1:30 - 2:15 pm. Sign up required.

**Harvest PJ Storytime** on Thursday, November 9th, at 6:30 to 7 pm. For families with children ages 2 to 7. Children may come in PJs and bring a favorite stuffed animal.

**Holiday Story/Craft for ages 4 and up** on Saturday, December 2nd, at 10:30 am. Sign up in advance is requested.

**R.E.A.D. Dogs:** certified reading assistance dogs will be at the library monthly to assist young readers needing more practice. Children may be signed up for a 15-minute session with a dog;  
**continued on page 18**

## Library... continued from page 19

call 860-871-3620 to register. Check the library online events calendar for dates and times.

All Tolland Public Library children's and young adult programs are free and open to the public. To sign up or for more information, check our online Events Calendar on the library home page at: [www.Tolland.org/library](http://www.Tolland.org/library) or call 860-871-3620.

### Friends of Tolland Public Library

Who are the Friends? We are a long-standing, non-profit organization dedicated to supporting and providing additional funding for library activities and materials, museum passes, and programs. All you have to do to be a friend is give a monetary donation. Almost 100% of your donation goes directly to the library. If you would like to be an active supporter, our meetings are held at the library on the first Monday of each month. We would love to have you join us!

### DICTIONARY PROJECT

The Friends will be participating in this community outreach project again this year. In late November, each of Tolland's third grade pupils will receive his/her own dictionary as a gift from the Friends of Tolland Public Library. We are pleased to offer support to Tolland's students and assist them in becoming good writers and active readers.

### FESTIVAL OF TREES RETURNS!

After a necessary hiatus during construction, our popular festival of trees is back. On Thursday, November 16, the festival will open with a reception at the library in the evening. Trees will be on view during library hours through December 2. Then on Sunday, December 3 between 2 and 3 o'clock final bids will be accepted on the trees. At that time those who placed the winning bid on each tree will take them home for their own holiday enjoyment.

### HOLIDAY FLORAL DISPLAYS

Bob Buettner, talented and very generous local florist, has graciously agreed to give his popular flower arranging demonstration again on Wed., Dec. 6 at 6:30 pm. There will be a drawing for the arrangement at the end of the demonstration. Call the library at: 860 871 3620 to register for this event.

### HOLIDAY COOKIE SALE

On Saturday, December 9th, the Friends will hold their annual cookie platter sale from 9-11 am. Our 2 pound platters include a wide variety of delicious homemade goodies. Pre-ordering is

highly recommended. Another way to show your support - sign up to be a baker. A signup sheet for volunteer bakers will be available at the library's circulation desk in mid-November. Orders for platters and payment (\$13 each) can also be made at the circulation desk.

### CHECK OUT THE LIBRARY'S MUSEUM PASSES

Looking for some family activities to liven up the long winter? Check out the free or reduced admission passes to area museums and attractions. Passes may be reserved in advance and are permitted to be held for three days. All that is necessary to check out a pass is an up-to-date Tolland adult library card. Brochures with a complete listing of passes may be obtained at the circulation desk.

### LOOKING FOR HOLIDAY GIFTS?

Consider a gently used book or two from our Friends Sales Room. We have a nice variety of hard cover, trade, and paperback books for adults and children. Or how about a zippered tote bag or a padded, zippered 8"x5" all-purpose bag for \$6. to organize small items or charge cords while traveling, or wonderful hand-knitted catnip mice for just \$1 each? All money from the sale of these items will be used to complement and strengthen library services.

### Tolland Public Library Foundation



Shop at AmazonSmile and support the Tolland Public Library Foundation

Supporters of the Tolland Public Library Foundation can show their support by shopping at AmazonSmile and designating the Foundation to receive a donation each time you make an eligible purchase.

Simply visit [smile.amazon.com](http://smile.amazon.com) and select the Tolland Public Library Foundation as your designated charity. Each time you make a purchase of an eligible item through AmazonSmile, Amazon will donate .5% of the purchase price to the Foundation.

Your donation will be used to provide grants to the Tolland Public Library to augment the services and programs the town budget provides for the library. The Foundation was established in 1996 to accept donations and to make grants to the library. For more information, visit [TollandPublicLibraryFoundation.org](http://TollandPublicLibraryFoundation.org) or follow it on Facebook. For more information on Amazon Smile, visit <https://www.amazon.com/gp/help/customer/display.html?nodeId=201365360>.

To download previous issues of Tolland Events  
visit [www.eventsmagazines.com](http://www.eventsmagazines.com)  
and download the issue you desire!



# Tolland Assessor's Office

## NOTICE TO TOLLAND RESIDENTS

The Tolland Assessor's office is currently receiving applications from individuals who are entitled to the following exemptions:

Any person who has been declared legally blind is entitled to a \$3000 exemption. Proof must be filed with the Assessor. Handicapped individuals who drive special equipped motor vehicles must apply annually to have their vehicle exempted from property taxes. Filing deadline is January 31, 2018.

Totally disabled persons who are receiving permanent total disability under the Federal Old Age Survivors and Disability Insurance Program are entitled to an exemption of \$1,000 of property assessment on property that they own. The filing deadline is December 1, 2017.

All persons filing for land assessment reductions under Public Act 490, farm, forest and open space for the first time must submit an application to the Assessor between September 1 and October 31, 2017. A State Forester must certify Forest Land applications before the Department of Environmental Protection will issue a Forest Certificate. New for the 2016 Grand List, Open Space applications no longer need Planning and Zoning approval and can be filed directly with the Assessor's office. Owners of land already under Public Act 490 that has not changed in use or acreage do not have to file annual applications with the Assessor.

Personal Property forms will be mailed out late September to those known individuals having taxable personal property. Taxable property consists of all unregistered motor vehicles,

campers and horses/ponies and construction equipment.

All Business located in Tolland are required to file an annual Personal Property Declaration. Any Business having personal property to declare and who have not received forms by October 1st, should contact the Assessor's office and forms will be mailed.

All Personal Property forms must be returned to the Assessor's office during October, or a 25% penalty will be applied according to State law. All Personal Property not declared and discovered by the Assessor will be valued by the Assessor. All appeal rights will be waived. If you closed your business during the past year, you must notify the Assessor in written form to have your account removed from the Grand List.



## WHAT IS 2-1-1?

It is Connecticut's free and confidential information and referral service.

By calling 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis.

2-1-1 operates 24 hours-a-day, every day of the year.

TDD access is available.

Visit the website for more information:

<http://www.211.org/#>

**ELM MOTORS INC**  
QUALITY AUTOMOTIVE SERVICE WITH OLD FASHION VALUES  
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114 EAST MAIN ST  
ROCKVILLE, CT  
860-871-1617  
[WWW.ELMMOTORSINC.COM](http://WWW.ELMMOTORSINC.COM)  
MORE CARS ARE DESTROYED EACH YEAR BY RUST THAN BY AUTO ACCIDENTS!  
NH OIL UNDERCOATING  
THE OFFICIAL OIL-BASED RUST PREVENTION SYSTEM

# Tolland Planning and Development

## PLANNING FOR TOLLAND’S FUTURE - IN 1964!

What was on the minds of Tolland townspeople in the early 1960s? Tolland created its first town plan in 1964, at a time when the population was just under 3,000 (compared to 15,000 today). The “Comprehensive Plan” had two overarching objectives: “Develop the identity of Tolland as a complete community, maintaining a desirable balance between residential, commercial and industrial growth” and “Provide for maximum utilization of Town’s assets without sacrificing its general character.”

The plan called for commercial and industrial development and planned for new schools and town facilities, among other topics. A survey revealed overwhelming support for the town to acquire land for recreational uses. This and other previous town plans can be viewed on the town’s website at: <https://www.tolland.org/planning-development/pages/planning>. As we begin to update our most recent “Plan of Conservation and Development” (POCD), it can be useful to revisit past policies and priorities. This fall, the Planning and Zoning Commission will begin

discussions on how to proceed with the POCD update.

## TAKE A HIKE

Fall is a perfect time to explore Tolland’s many nature trails to view foliage, watch wildlife, or get some exercise. Learn about 16 of our conservation areas at <https://www.tolland.org/open-space-hiking-trails>. You can download trail maps and learn more about each property. We are in the process of modernizing the maps to include trail distances and expect to have updated brochures soon.

## LAND USE APPLICATIONS ONLINE

Applications submitted to the Planning and Zoning Commission, Zoning Board of Appeals and Inland Wetlands Commission are online. See the webpage for each of these entities and select “Applications Pending” in the left sidebar. General information is posted including a map showing where the subject property is located. For more detail on a specific application, contact our department at: 860-871-3601.

# Tolland Human Services Programs

## Town of Tolland Fair Housing Notice

Beverly Bellody, Director of Tolland Human Services, serves as the Fair Housing Officer for the Town of Tolland. The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, ancestry, sex, religion, familial status or the presence of children, or disability.

housing based on race, color, national origin, ancestry, sex, religion, familial status or the presence of children, disability, marital status, sexual orientation, age (except minors), lawful source of income or gender identity or expression.

If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at 860-871-3611, Mon.-Wed. 8:00 am-

4:30 pm, Thurs. 8:00 am-7:30 pm, closed on Friday.

For more information you can also contact The Connecticut Fair Housing Center, 221 Main Street, Hartford, CT 06106, 860-247-4236, or email at [info@ctfairhousing.org](mailto:info@ctfairhousing.org). The Connecticut Fair Housing Center also has information about foreclosure prevention.

Under the Connecticut Fair Housing Act, it is against the law to deny anyone

Beverly Bellody,  
Director of Human Services

## Human Services

Residents may call any of the following Tolland Human Services personnel for more information about state programs and local initiatives:

- Beverly Bellody, M.S., Human Services Director  
860-871-3611
- Nancy Taylor Dunn, L.P.C., Assistant Director Human Services  
860-871-3612
- Stephanie Mansell, B.S., Human Services Case Manager  
860-871-3615
- Fran Weigand, Senior Center Director  
860-870-3725
- Rebecca Ellert, Elderly Outreach Case Worker  
860-870-3726
- Bridget Joy, Administrative Secretary  
860-871-3648

## Assistance Programs

Connecticut Energy Assistance Program (CEAP/CHAP)  
The Human Services Department is scheduling appointments to apply for the 2017/2018 Energy Assistance Program. On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets. Homeowners and renters may apply.

### Guidelines for Connecticut Energy Assistance Program:

Household Income Guidelines - 2017/2018

1	2	3	4	5	6	7
Under	Under	Under	Under	Under	Under	Under
\$34,366.28	\$44,940.52	\$55,514.76	\$66,089.00	\$76,663.24	\$87,237.48	\$89,220.15

To request a list of required documentation, schedule an appointment or learn more about this program: contact Administrative

Secretary Bridget Joy, (860) 871-3648; seniors- contact Rebecca Ellert, 860-870-3726. Residents may also contact the ACCESS Agency in Willimantic, 860-450-7423. All documents must be current and available at the time of your appointment. We are unable to process walk-in applications.

**Operation Fuel Emergency Utility Assistance Programs**

Tolland residents who meet the income guidelines above may also contact Human Services with inquiries as to their eligibility for Operation Fuel programs. Human Services will take applications through October 31, 2017, or until funds are exhausted. For further information, Tolland residents may contact Nancy Dunn at 860-871-3612.

**Income Guidelines for Operation Fuel Programs**

Household Income Guidelines - 2017/2018

1	2	3	4	5	6	7
Under	Under	Under	Under	Under	Under	Under
\$34,366.28	\$44,940.52	\$55,514.76	\$66,089.00	\$76,663.24	\$87,237.48	\$89,220.15

**FOOD BANK**

The Food Bank gratefully appreciates donations from individuals, neighborhoods, youth groups, organizations and businesses. Tolland residents needing to use the Food Bank, and those wishing to make donations to the Food Bank, may contact the following staff members: Seniors - contact Rebecca Ellert, 860-870-3726; all other households - contact Stephanie Mansell, 860-871-3615.

**TOLLAND HOUSING REHABILITATION LOAN PROGRAM**

The Tolland Housing Rehabilitation Loan Program provides zero percent interest loans to eligible residents for home repair projects that include, but are not limited to: septic systems, well repair, roofing and siding, structural deficiencies, replacement windows, insulation, ADA improvements, plumbing, electrical and heating systems.

**To be eligible, yearly gross income must not exceed amounts listed below:**

Number in Family:	1	2	3	4	5	6	7	8
Household Income:	47,600	54,400	61,200	68,000	73,450	78,900	84,350	89,800

For an application or for more information, residents who are interested and feel they may be income eligible may contact Bridget Joy at: 860-871-3648. All information provided to the Tolland Housing Rehabilitation Loan Program will be kept confidential.

**FOODSHARE MOBILE FOOD PANTRY**

The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 9-9:30 am in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland  
**continued on page 22**

**Tolland Town Directory**

DEPARTMENT	PHONE
Animal Control .....	(860) 871-3676
Assessor's Office .....	(860) 871-3650
Building Department .....	(860) 871-3601
Elections Administration .....	(860) 871-3634
Emergency Management .....	(860) 871-3677
Finance Department .....	(860) 871-3653
Fire Department/Ambulance (Non-Emergency) .....	(860) 871-3677
Fire Marshal .....	(860) 871-3677 x2143
Health District/Sanitarian .....	(860) 871-3608
Human Resources.....	(860) 871-3600
Human Services .....	(860) 871-3648
Library .....	(860) 871-3620
Planning & Development .....	(860) 871-3601
Police - Kevin Eklund, Admin. Resident Trooper .....	(860) 875-8911
Lori Sherwood, Secretary .....	(860) 926-4695
Probate Court .....	(860) 871-3640
Public Safety (Non-Emergency) ..	(860) 871-3677
Public Works.....	(860) 871-3696
Recreation Department .....	(860) 871-3610
Information Line.....	(860) 871-3625
Senior Services .....	(860) 870-3730
Solid Waste & Recycling .....	(860) 926-4695
.....	(860) 871-3600
Tax Department .....	(860) 871-3657
Tolland Tykes Preschool .....	(860) 871-3610
Town Clerk .....	(860) 871-3630
Town Engineer .....	(860) 871-3601
Town Manager's Office .....	(860) 871-3600
Youth Services .....	(860) 871-3612



## Human Services... continued from page 21

Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact FOODSHARE at 860-286-9999 or the UCC office at 860-875-4160, or visit the FOODSHARE website, [www.foodshare.org](http://www.foodshare.org).

### For the next few months, distribution at the Tolland site will be on the following dates:

October 12 & 26; November 9 & 23; December 7 & 21, 2017 from 9:00-9:30 am. Residents participating in the program must bring their own bags.

### 2017 HOLIDAY CARE AND SHARE PROGRAM

This program provides Thanksgiving and December holiday food baskets, and children's gifts to Tolland residents and families experiencing financial hardship.

#### Important Program Dates

- September 28: Registration Forms available for program Sponsors  
October 5: Applications available to Tolland households needing holiday assistance  
October 31\*: Sponsor Registration and Household Application Forms due to Human Services

Dates for Food Basket and Children's Gift Distributions to be determined. *\*Households facing critical economic hardship may*

*continue to apply throughout the holidays.*

Human Services will ensure that all such households receive the services that are needed.

**Eligibility:** Tolland households receiving income-based assistance (Energy Assistance, Renters Rebate, Food Stamps etc.) are eligible to apply for this program. Households not receiving other assistance may also apply; those applications will be considered on a case-by-case basis.

#### For more information, please contact the following:

Sponsors contact: Nancy Dunn 860-871-3612  
Applicants contact: Stephanie Mansell 860-871-3615  
Seniors contact: Rebecca Ellert 860-870-3726  
to request an application.

## Youth Programming

Residents are encouraged to log onto the Town website at [www.Tolland.org](http://www.Tolland.org) to view schedules and information about programs offered through Youth Services, including:

The Coffee House series in November, March and May.

For more information about programs and services for Tolland youth and families, residents may contact

Nancy Dunn at: 860-871-3612 or [nancydunn@tolland.org](mailto:nancydunn@tolland.org).

## Senior Center News

### SENIOR CENTER DAY TRIPS FOR 2017

Contact the Senior Center to make a reservation 860-870-3730.

October 12th Vermont Foliage Train Ride (\$98.00)

December 3rd Thomaston Opera "It's a Wonderful Life" (\$90.00)

### FLU CLINIC

Tuesday, October 24th

10:00 am to 11:30 am

Tolland Senior Center, 674 Tolland Stage Road

## Tolland Public Works Department

### 5 YEAR/\$5 MILLION ROAD IMPROVEMENT

#### PLAN UPDATE

Phase V of the 5 year/\$5 million Road Improvement Plan was recently completed. Browns Bridge Road and Grahaber Road (Bonair Hill Rd to the Town line) were chip sealed. Buff Cap Road, Grahaber Road (Shenipsit Lake Rd to Bonair Hill Rd), Hunter Road, Mountain Spring Road (Old Post Rd to 84 Overpass), Old Stafford Road (Susan Dr to Town line), and Sugar Hill Road (Bakos Road to Town line) were crack sealed. The following roads were repaved; Cider Mill Road (partial), Doyle Road, Fish

& Game Road, Hilltop Road, Lakeview Heights/Lakeview Heights Ext, Loehr Road, and Mountain Spring Road (Tolland Stage Rd to Old Post Rd).

### WINTER PARKING BANS

Residents are reminded of the winter parking ban in effect from November 1st through April 15th. Overnight parking is not allowed on public streets or municipal parking lots between the hours of midnight and 6:00 am. A parking ban may also be declared if a significant snow event is forecast or in progress. For

information on whether a parking ban has been declared (beyond the midnight to 6 am ban) tune to WFSB (CBS), WTNH (ABC) or WVIT (NBC). You can also get updates on our Facebook page @Tolland Works.

### SNOW REMOVAL

Snow and ice may not be plowed, blown or shoveled into the street. This practice presents a hazard to passing motorists and may contribute to unsafe road conditions. Please remember that you will also be held responsible for any actions of a contractor hired by you.

### MAILBOXES

Your mailbox should be in good repair, firmly attached to a solid post and properly placed so no part of it is over the pavement. It will have to withstand countless tons of flying snow this winter and it may require periodic maintenance. If a mailbox or post is pushed over or damaged as a result of snow or slush coming off a snowplow, it is considered a winter hazard and the Town will not repair or replace the mailbox or post. The height of the bottom of the mailbox to the street should be between 42" - 48" and the mailbox door should be 6 to 8 inches back from the front face of the curb or road edge.

### GARBAGE & RECYCLING TOTE PLACEMENT

Residents are reminded that garbage and recycling totes should be placed within 18" of the curb or roadside. Please know that they are to be placed on your property, not in the street. Doing so not

only creates a public safety issue but also hinders snow removal operations. The Town is not responsible for damage done to totes by plows.

### PORTABLE BASKETBALL HOOPS

Portable basketball hoops and similar items should NOT be in the Town Right-of-Way. The Town is not responsible for damage done by plows to such items left in the Town Right-of-Way.

### CATCH BASINS & STORM INLETS

Help minimize street flooding by shoveling snow and ice from in front of the storm inlet nearest your house. This includes keeping catch basin grates free of leaves and other debris all year long!

### SIDEWALK CLEARING

By Town Ordinance it is the responsibility of owners and occupants of buildings and vacant lots to remove snow, sleet and ice from public sidewalks abutting their property within 24 hours after the storm has concluded. Failure to comply with this ordinance may result in a fine. Please remember that the final snow plow pass is not made until after the storm has concluded. Your cooperation in clearing sidewalks is an essential safety measure for pedestrians using the sidewalks.

### CHRISTMAS TREES

Tolland does not offer curb side pick up of Christmas trees. However, Christmas trees may be dropped off at Crandall's II, near the Lodge driveway, from December 26th through January 26th.

## Tolland Resident Trooper News

Effective September 5, 2017, the Tolland Resident State Trooper's office moved from 749 Tolland Stage Road to the 1st Level of the Town Hall at 21 Tolland Green next door to the Tolland Public Library.

There are two troopers assigned to Tolland; one Administrative Trooper on the day shift and one on evenings. The Trooper's office secretary will be available from 8:00-4:30 Monday through Wednesday and 8:00 to 6:30 on Thursday's. The phone number for the office secretary is 860-926-4695. The Trooper's office phone is 860-875-8911. This number rolls over to Troop C if no one is available.

## Tolland Fire Department - Open House

P.O. Box 827, Tolland,  
Connecticut 06084



### FIRE DEPARTMENT OPEN HOUSE

On Saturday, October 21st, 2017 the Tolland Fire Department will host its Annual

Community Open House from 10:00 am to 2:00 pm at the Fire Training Center, 191 Merrow Road (across from Meeting House Commons).

The Open House will feature displays of the department's firefighting, rescue and emergency medical equipment. TFD volunteer firefighters and emergency medical service personnel will be available to explain how various specialized items of equipment, including the Jaws of Life, are used to protect our town. Many of the department's trucks and an ambulance will be open to the public, making the event particularly appealing for young children.

This event offers a convenient opportunity for adult town residents who are interested in volunteering as a firefighter or EMT with the Department, to talk with current members about training with the department and the sense of satisfaction that may be derived from providing a valuable service to their neighbors and the Tolland community. Young adults from 14 to 18 years of age can also learn about the activities and training available to them as they participate in various department activities as members  
**continued on page 24**

## Fire Department Open House... continued from page 23

of Tolland Fire Explorer Post 40. As part of its corporate commitment to fire safety, Papa Gino's Pizza of Vernon will again provide free pizza for those who visit the Open House, starting at noon. Other light refreshments will be provided throughout the Open House. There will also be a drawing for door prizes at the conclusion of the event.

# Is Your Street Number Visible from the Road & Safety Tips

## RESIDENTS AND BUSINESS OWNERS ARE ASKED TO PLEASE CHECK THEIR STREET ADDRESS NUMBERS.

Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for \$16. The signs measure 6" wide and 18" long, your house numbers are placed on both sides and the blue coating is also reflective. These signs will make your address easier to find and they also make great gifts! For an order form please visit [www.tollandfire.org](http://www.tollandfire.org), click the Forms button on the left. Questions? Call 860-871-3677 x 2158.

## SMOKE ALARM SENSE

Install and maintain smoke alarms on EVERY level of your home, outside each sleeping area and inside each bedroom. For the best protection, interconnect the alarms. When one sounds, they all sound. TEST all smoke alarms MONTHLY.

## REPLACING YOUR SMOKE ALARMS:

- Replace all smoke alarms when they are 10 years old. To determine the age of your smoke alarm, look at the back where you will find the date of manufacture. Smoke alarms should be replaced 10 years from the date of manufacture.
- Immediately replace any smoke alarm that does not respond properly when tested.
- Replace combination smoke-carbon monoxide alarms according to the manufacturer's recommendations.

## ESCAPE PLANNING

Create a home escape plan AND practice it with all family members! Your ability to get out depends on advanced warning from smoke alarms and advanced planning. In 2014, there were an estimated 367,500 reported home structure fires and 2,745 associated civilian deaths in the United States. Fire can spread rapidly through your home, leaving you as little as one or two minutes to escape safely once the alarm sounds. A closed door may slow the spread of smoke, heat and fire. Install smoke alarms in every sleeping room and outside each separate sleeping area. Install alarms on every level of the home. Smoke alarms should be interconnected. When one sounds, they all sound.

- Bring together everyone in your household and make a plan.
- Walk through your home and inspect all possible exits and escape routes.
- Households with children should consider drawing a floor plan of your home, marking two ways out of each room, including windows and doors. Also, mark the location of each smoke alarm.

## For easy planning:

- Draw a map of your home. Show all doors and windows
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Push the test button monthly to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home.
- Everyone will meet at the meeting place.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Teach everyone to dial 9-1-1.
- Practice your home fire escape drill!

## WOOD & PELLET STOVE SAFETY

As the temperature drops outside, wood and pellet stoves begin to be used inside the home. They offer warmth and give our homes that cozy feeling. What you may not realize is that heating equipment is one of the leading causes of home fires during the winter months. Below are some tips to help keep you safe:

- Have a QUALIFIED professional install stoves, chimney connectors, and chimneys.
- Stoves should be listed by a qualified testing laboratory.
- In wood stoves, burn only DRY, seasoned wood. In pellet stoves, burn only dry, seasoned wood pellets.
- Have your chimney and stove INSPECTED and cleaned by a certified chimney sweep every fall just before heating season.
- CLEAN the inside of your stove periodically using a wire brush.
- Keep a CLOSE EYE on children whenever a wood or pellet stove is being used. Remind them to stay at least 3 feet away from the stove.
- Stoves need SPACE. Keep anything that can burn at least 3 feet away from the stove.
- INSTALL and maintain carbon monoxide alarms (CO) outside each sleeping area and on every level of the home. For the best protection, interconnect the CO alarms. When one sounds, they all sound.
- Allow ashes to COOL before disposing of them. Place ashes in a covered metal container. Keep the container at least 10 feet away from the home and other buildings.

## CARBON MONOXIDE

Often called the invisible killer, carbon monoxide is an odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. In



the home, heating and cooking equipment that burn fuel are potential sources of carbon monoxide. Vehicles or generators running in an attached garage can also produce dangerous levels of carbon monoxide.

#### **Facts & figures**

- The dangers of CO exposure depend on a number of variables, including the victim's health and activity level. Infants, pregnant women, and people with physical conditions that limit their body's ability to use oxygen (i.e. emphysema, asthma, heart disease) can be more severely affected by lower concentrations of CO than healthy adults would be.
- A person can be poisoned by a small amount of CO over a longer period of time or by a large amount of CO over a shorter amount of time.
- In 2010, U.S. fire departments responded to an estimated 80,100 non-fire CO incidents in which carbon monoxide was found, or an average of nine such calls per hour. The number of incidents increased 96 percent from 40,900 incidents reported in 2003. This increase is most likely due to the increased use of CO detectors, which alert people to the presence of CO.

#### **HALLOWEEN SAFETY**

Children dressed in costumes excitedly running door to door to trick-or-treat, festive decorations like glowing jack-o-lanterns, paper ghosts and dried cornstalks adorning front porches - these are some of the classic hallmarks of Halloween that make the holiday special for kids and adults alike.

Unfortunately, these Halloween symbols and activities can also present lurking fire risks that have the potential to become truly scary. But by planning ahead, you can help make this Halloween a fire-safe one. Taking simple fire safety precautions like keeping decorations far away from open flames and using battery-operated candles or glow-sticks in jack-o-lanterns can help ensure your holiday remains festive and fun!

- Keep decorations far away from open flames and other heat sources like lightbulbs and heaters. Remember to keep all of your home's exits clear of decorations so nothing blocks escape routes.
- Use battery-operated candles or glow sticks in jack-o'-lanterns.
- Use flashlights as alternatives to candles or torch lights when decorating walkways and yards. They are much safer for trick-or-treaters whose costumes may brush up against

the lighting as they walk to from your door.

- Choose costumes that don't require long-trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so they can clearly see where he or she is walking to prevent trips or falls near dangerous or flammable items.
- Talk to your children and remind them to stay away from open flames, including jack-o'-lanterns with candles inside. Provide them with flashlights or glow sticks to carry for lighting as part of their costume.

#### **THANKSGIVING**

For most, the kitchen is the heart of the home, especially during the holidays. From testing family recipes to decorating cakes and cookies, everyone enjoys being part of the preparations. So keeping fire safety top of mind in the kitchen during this joyous but hectic time is important, especially when there's a lot of activity and people at home. As you start preparing your holiday schedule and organizing that large family feast, remember, by following a few simple safety tips you can enjoy time with your loved ones and keep yourself and your family safer from fire.

- Thanksgiving is the peak day for home cooking fires, followed by Christmas Day and Christmas Eve.
- Unattended cooking was by far the leading contributing factor in cooking fires and fire deaths.

#### **Safety tips**

- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay 3 feet away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children - up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

# Help Us Help You!

Tolland Fire Department is currently seeking additional Emergency Medical Technicians (EMTs) to join our volunteer ranks. If you currently hold an EMT license or would like to train to become an EMT please consider volunteering for your community.

- Did you know that the Tolland Fire Department is a combination department? A combination department means that both career and volunteer members work together to provide emergency services to the residents, businesses and visitors of Tolland. Our small career staff is on duty Monday through Friday covering the hours of 7:00 am to 4:30 pm. Our volunteer staff covers nights, weekends and major holidays. This type of coverage is a resourceful and cost-effective way to provide top-level services to the Town. Career staff may be called into work to cover major emergencies or during severe weather events. We are grateful that there are still a handful of volunteers that supplement the career staff during the daytime hours.
- The Department operates two ambulances and responds to emergency calls 24/7/365. Handling approximately 170 calls for fire/medical emergency service each month.
- We have a flexible duty schedule in which volunteer EMTs can sign-up for night or weekend shifts. This schedule allows EMTs to fit volunteering into their personal schedules.
- With the increased emergency call volume we are starting to burn-out our core membership. If we could recruit a few more people to assist us we can lighten the load of our members, possibly hold onto these well-trained EMTs and extend their years of service to the community.
- Unfortunately with limited budgeting we have been unable to

increase the number of career staff. Eventually we would like to have enough career staff to cover from 6:00 am to 6:00 pm. This schedule would allow the career staff to cover when our volunteers are getting ready for their normal workday as well as giving them a chance to return home and get settled in from their day. At this time this goal is unobtainable with our current small career staff of only six.

- Additions to the Town's population both residential and commercial over the past years have affected our membership as well. Members have moved away from volunteering for a variety of reasons such as work and family obligations. Bottom line is we need additional volunteer EMTs to keep delivering our high-level of service. We need to plan for Tolland's future, now.
- Volunteer EMTs often reflect on their service to their neighbors and community as a personally fulfilling and extremely rewarding experience.

We would like to thank all of our past and present members both career and volunteer because together they have created a foundation that we continue to build on. We miss those who have moved on and look forward to meeting new people who will help shape our future.

If you reside in Tolland and are interested in becoming a volunteer EMT please visit the Department's website at: [www.TollandFire.org](http://www.TollandFire.org), click the "join us" button on the left side of the page or stop by the Training Center, located at 191 Merrow Road, during the day or on Monday nights when training is in session. Thank you in advance for Helping Us Help You!

## STATE LAW: Move Over or Slow Down for Stopped Emergency Vehicles



Flashing red, blue and yellow lights are a familiar sight on highways and Emergency Responders (Police, Fire and Tow Truck Operators) are asking motorists to "Move Over" and "Slow Down" to provide enough room for them to safely do their jobs.

When lights are flashing Emergency Responders are working in extremely hazardous and sometimes stressful conditions using very limited space. Close calls are beginning to become the norm as motorists speed by emergency scenes. A split second could mean the difference in everyone going home safely or a responder being injured or killed.

Drivers are reminded that they must move over one lane and slow down if they see emergency vehicles and tow trucks stopped on the shoulder of a highway with their lights flashing. If all lanes are full and drivers can't move over, they are required to slow down as they pass the scene. Connecticut passed its Move Over law in 2009, fines for breaking the law start at \$181.

# Tolland Alert, our Emergency Notification Program

## TOLLAND ALERT

Get alerted about emergencies and other important community news by signing up for Tolland Alert, our Emergency Notification Program. This emergency notification system enables Tolland Public Safety officials to provide you with critical information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons, and evacuation of buildings or neighborhoods. This Emergency Notification Program is independent from “Tolland Notifications” (formerly E-Blast) the Town’s routine community email delivery system.

Once signed up, you will receive time-sensitive messages wherever you specify, such as your home, cell, or business phone, email, text messages, hearing impaired receiving devices, and more. You pick where, you pick how.

To sign up please visit [www.tollandfire.org](http://www.tollandfire.org)

and click on the Tolland Alert button (as seen below). The button appears on the upper left hand corner of the homepage.



Once you click the button scroll to the bottom of the page to find “Don’t have an account? Sign up”

1. Click “Sign up” to create your profile. Please retain your profile information in order to update your account in the future. We do not have access to profiles.
2. Once you have created your profile, you will be asked to select how you’d like to receive Alerts (Telephone/Text/Email). Choose the method in which you wish

to receive alerts AND the order in which you would prefer to receive them.\*

3. Next you will be able to choose the Tolland location(s) that are important to you. Such as your home address, your child’s school address, etc. You may add multiple Tolland addresses.
4. Next you will be asked to select ALL Important Community Alerts or only Specific types of alerts which may be of interest to you.
5. Click Finish

*\*Please Note: Once you elected the method in which you wish to receive Alerts (Phone/Text/Email) when you begin to receiving Alerts, the system will continue to send the alert to your 2nd and 3rd choices until you reply that you received the message.*

The information that you provide will be used for notification purposes only. We will not distribute your telephone numbers or email addresses to any vendor or other organization.

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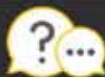
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## Tolland Public Schools - Superintendent Workshop

Please join us for a special screening of Screenagers at Tolland High School Auditorium on October 23, 2017 at 7:30 pm.

#### ABOUT THE FILM

Runtime: 68 minutes. Directed by: Delaney Ruston, M.D. Screenagers is about the impact of the digital age on children and how to help families minimize harmful effects and find balance.

## New Members Always Welcome-Tolland Community Women



Tolland Community Women is a non-profit community organization for women ages 18 and up, dedicated to working as a team to

help our community through civic, cultural, educational, and social activities. Some of our upcoming projects and events include Meet the Candidates, Snack with Santa at Crandall's Lodge, Wish Upon a Star, and our Hat & Mitten Drive. We also run several fundraisers which help us to raise funds to provide high school scholarships to Tolland residents heading to college.

TCW meets every third Tuesday, September through May, at the Tolland Park-n-Rec Center. Our meetings start at 6:30 pm and new members are always welcome at any time during the year! Follow us on our Instagram page at: [TollandCommunityWomen1965](https://www.instagram.com/TollandCommunityWomen1965) or check out our Facebook page: <https://www.facebook.com/TollandCommunityWomen>. Finally, if you would like more information, contact Pam Howe-Membership Chair- at [phowe425@sbcglobal.net](mailto:phowe425@sbcglobal.net).

# Tolland High School Athletics



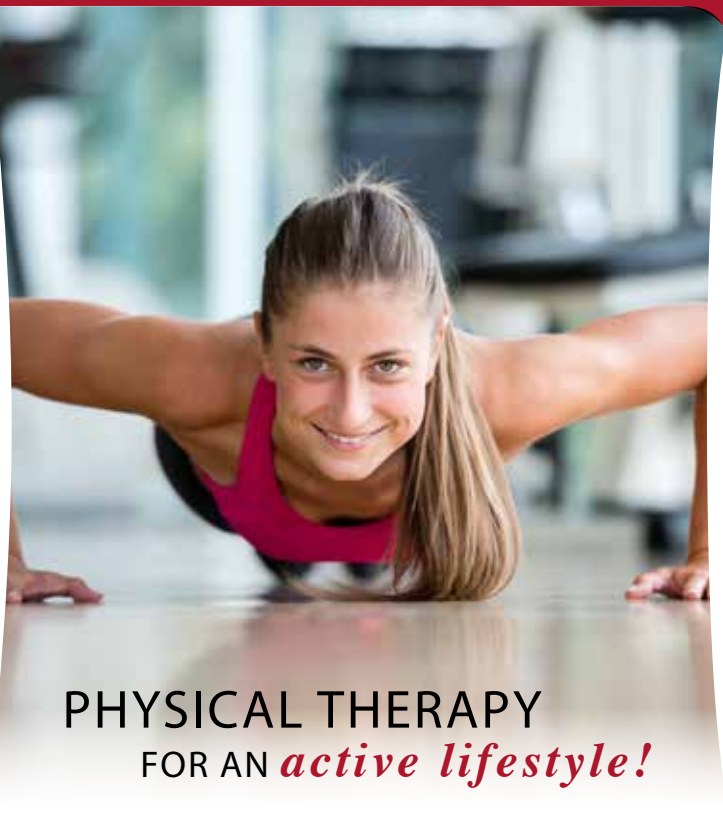
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## TCW's Snack with Santa - Crandall's Lodge - December 9<sup>TH</sup>

Snack with Santa  
at Crandall's  
Lodge



Celebrate Christmas in Tolland with old-fashioned fun on December 9, 2017.

To the delight of many local families, Tolland Community Women will once again run Snack with Santa at The Lodge at Crandall II from 10:00 am to 1:00 pm.

Each child will receive a passport to fun activities, including a special visit with Santa. Also included are decorating a frame for their photo with Santa, story time with Mrs. Claus, sugar cookie and hot chocolate snack, and simple holiday crafts. All of this takes place in the beautifully decorated Lodge.

For admission information contact: [Kathy.Aldrich@sbcglobal.net](mailto:Kathy.Aldrich@sbcglobal.net).

To add to the fun, a wonderful array of Christmas ornaments will be available for purchase, along with a selection of stockings and stuffers. Free personalization of ornaments is available.

Proceeds support the club's community service projects and charitable donations. To learn more about Tolland Community Women, which has been serving the community for over 50 years, follow our Facebook page or find us on Instagram.

Membership is open to all interested women 18 and older, living in Tolland or nearby communities. New members are always welcome. For membership information, contact Pam Howe at: [phowe425@sbcglobal.net](mailto:phowe425@sbcglobal.net).

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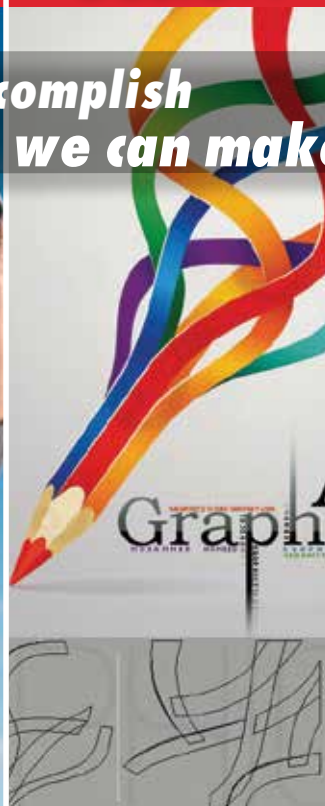
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# The Arts Center of Tolland Celebrates 20 Years



## ARTS OF TOLLAND HAS A WONDERFUL SCHEDULE OF EVENTS COMING UP!

First and foremost is our anniversary and a new exhibit! A photo exhibit, "Landscapes, Birds, People" by Bill Byers will run until October 28. You can view

this exhibit on Saturdays from 10-2 and Wednesdays from 2-5 through October 28. Open to the public at no charge.

Twenty years ago Arts of Tolland concluded a two-year renovation of the old 1879 town hall and officially christened the antique building as the Arts Center of Tolland. If you haven't visited the Center before, now is a terrific time to check it out, including the restored original tin ceiling.

The Kenn Morr Band will perform at the Arts Center on Friday, October 13. The show begins at 7. Tickets are \$10, or \$8 for members of Arts of Tolland. Inspired by such artists

as Dylan, Van Morrison, and Gordon Lightfoot, Kenn Morr's music has an elemental quality to it - water, earth, relationships, change, and loss.

A gallery of artwork by Andrea Wisnewski and Kathleen Lepak will open on Saturday, November 4, with a reception at 1 pm. If you can't make it on the 4th, the gallery will be open on Saturdays from 10-2 and Wednesdays from 2-5 through December 2 (except Thanksgiving week). Free admission.

Art Mart, AOT's annual sale of artist-decorated fresh evergreen wreaths and select arts and crafts will be open on Friday, December 1 from 3 to 5, and Saturday, December 2, from 10-4.

Come check out the model train set-up in late December and January. The center will be open on Saturdays and Sundays from December 30 until January 21 from 12-5 pm.

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We are here to help you with any questions you may have.

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## About Tolland

The Town of Tolland, first settled before 1715, covers an area of forty-one square miles and is situated twenty miles northeast of Hartford, CT. Tolland, originally a part of the Town of Windsor, was settled by people who felt that Windsor was becoming overcrowded and that their growing families were in need of homesteads. People had started moving to the east, to lands that had been purchased from the Native Americans.

On April 18, 1713, a committee was appointed to lay out a settlement, and the General Assembly was petitioned to charter it as a town. When the Charter was obtained in 1715, the town was named after an English town in Somerset, and was incorporated as Connecticut's 49th town in May 1722.

In 1785, Tolland County was organized by action of the General Assembly and Tolland was designated the county seat. The costs of building the first courthouse and a jail were raised by town subscription. This jail (and three later replacements) proved to be unsatisfactory. The existing jail, of stone construction, was erected in 1856 and served the county continually until 1968 when the state decided to discontinue its use. In 1969 this jail and the 1893 jailer's home, became town property and are leased to The Tolland Historical Society, and used as a museum. A new courthouse replaced the original in 1822 at the center of the town green.

It is recognized as one of five examples of early civic architecture in Connecticut. The Tolland Green Historic District was placed on the National Register in June 1997. Several of the important buildings within the District have been adapted to serve modern needs while retaining the flavor of the older village.

The Hicks Municipal Building was built as the Ratcliffe Hicks Memorial School in 1908. The Hicks - Stearns Homestead is also a museum. The Tolland Board of Education building started life in 1830 as Tolland County Bank. Directly across from the Municipal Building the town's original 1879 Town Hall has become the Tolland Arts Center. The Courthouse recently became a museum of the Tolland Historical Society and leases the first floor to the French Canadian Genealogy Library.

Until November 1973, the legislative body of the town was the Town Meeting. At that time, the new Town Charter provided for the legislative functions to be shared by the town Meeting and the Board of Selectmen. The Town Council became the primary legislative body under Charter revisions approved at a referendum on November 7, 1984. Under provisions of the Charter and Connecticut General Statutes, the Planning and Zoning Commission and the inland Wetlands Commission also have legislative authority.



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